

# A Year in the Life of a Disciple.... aka Apprentice

“My dear children, for whom I am again in pains of childbirth until Christ is formed in you” -Gal 4:19

**Discipleship/Apprenticeship** = the status within which a process of spiritual formation in Christlikeness runs its course resulting in increasing measures of “growth in the grace and knowledge of our Lord and Savior Jesus Christ” -2 Pet. 3:18

- more than being saved when you die
- someone who has decided to be “with” another person in order to learn to
- do what that person does, or to become what that person is.
- involves doing everything as if Jesus were doing it
- focuses on inner self; ideas, beliefs, emotions...were character grow
- a journey; immaturity to maturity, wounding to healing, false self to true self
- enables us to understand our lives and see how we can interact with God’s
- resources that are always at hand.
- we become on the inside what we are on the outside
- Looking at what kind of person you are becoming and want to be

**Rule of Life** = Latin word for trellis ...In the same way a vine needs a trellis to lift it off the ground so it can bear the maximum amount of fruit, and keep free of predators and diseases, we need a rule as a kind of support structure to organize our life around “abiding in the vine,” (jn 15:1-8) as Jesus imagined. .

- Transformational patterns of life
- Guidelines for life in the Kingdom of God
- How to put Christ into your everyday life
- Learning to live an eternal life now
- Set of practices and relational rhythms to help us create space to be with Jesus, become like Jesus, and to do what he did
- Aligning our schedule with our values
- Simply, a tool

## Goals

1. Grow in understanding of what being a disciple of Jesus is and what living in the Kingdom of God is in real time.
2. Grow in understanding of what a Rule of Life is and slowly craft a personal Rule of Life throughout year
3. Commit to rhythm of spiritual practices that will support desire to grow in discipleship to Jesus

## Resources

*The Divine Conspiracy* -Dallas Willard

*Maturing Toward Wholeness in the Inner Life* -George Miley

The Martin Institute <https://conversatio.org>

The Divine Conspiracy

Developing a Rule of Life

## Rhythms

Monthly Gathering— 3rd Sunday each month 3pm-5pm

Yearly Retreat— February 2021

## Month 1

Divine Conspiracy Conversatio.org Classroom Series at Martin Institute

-[Jesus and Culture – audio](#)

Maturing Toward Wholeness chpts 1 and 2

-Restore the Ancient Anointings and Discipleship

Developing a Rule of Life Class at Martin Institute

1 – [Intro: Developing a Rule of Life](#)

Podcast <https://renovare.org/podcast/episode-56-steve-macchia-rule-of-life>

Journal during month as listening and reading

-what stands out to me? Why do I think it does?

-what do I think is going on between me and God in these “stand out” areas?

-what kind of shaping might God be doing? What feels life giving and what resistance is felt?

## Month 2

Divine Conspiracy Conversatio.org Classroom Series at Martin Institute

[2-Human Nature – audio](#)

[3-Q and A: Knowledge and Will – audio](#)

Maturing Toward Wholeness Chpts 3 and 4

-Humility and The Kingdom of God

Developing a Rule of Life Class at Martin Institute

2 – [Part !: Spending a Day with Jesus – audio](#)

Blog <https://renovare.org/blog/we-live-by-rhythms>

Journal during month as listening and reading

-what stands out to me? Why do I think it does?

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## Month 3

Divine Conspiracy Conversatio.org Classroom Series at Martin Institute

4 – [God and His Kingdom – audio](#)

Maturing Toward Wholeness Chpts 5 and 6

-Practicing God’s Presence and Faith

Developing a Rule of Life Class at Martin Institute

3 – [Part !: Reflection on Scripture – exercise](#)

Journal during month as listening and reading

-what stands out to me? Why do I think it does?

-what do you think is going on between you and God in these “stand out” areas?

-what kind of shaping might God be doing? What feels life giving and what resistance is felt?

## Month 4

Divine Conspiracy Conversatio.org Classroom Series at Martin Institute

5 – [The Kingdom Gospel – audio](#)

Maturing Toward Wholeness Chpts 7 and 8

-Inner Healing and Spiritual Practices

Developing a Rule of Life Class at Martin Institute

4 – [Daily Scripture Readings – exercise](#)

Journal during month as listening and reading

-what stands out to me? Why do I think it does?

-what do you think is going on between you and God in these “stand out” areas?

-what kind of shaping might God be doing? What feels life giving and what resistance is felt?

## Month 5

Divine Conspiracy Conversatio.org Classroom Series at Martin Institute

6 – [Salvation Confusion – audio](#)

Maturing Toward Wholeness Chpts 9 and 10

-Solitude and How to Spend Time in Solitude

Developing a Rule of Life Class at Martin Institute

5 – [Self Assessment – exercise](#)

Journal during month as listening and reading

-what stands out to me? Why do I think it does?

-what do you think is going on between you and God in these “stand out” areas?

-what kind of shaping might God be doing? What feels life giving and what resistance is felt?

## Month 6

Divine Conspiracy Conversatio.org Classroom Series at Martin Institute

7 – [Kingdom Salvation – audio](#)

8 – [Q & A: Discipleship – audio](#)

Article <https://renovare.org/articles/artful-discipleship-part-one>

\*\* Is there a way the I might use art in my “pattern” of life with God this week? Notice what happens when you do?

Maturing Toward Wholeness Chpts 11 and 12

-Prayer and Prayers That Can Be Prayed in Five Seconds

Developing a Rule of Life Class at Martin Institute

6 – [Nine Steps for Spending More Time with the Trinity Each Day – exercise](#)

Journal during month as listening and reading

-what stands out to me? Why do I think it does?

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-what kind of shaping might God be doing? What feels life giving and what resistance is felt?

## Month 7

Divine Conspiracy Conversatio.org Classroom Series at Martin Institute

9 – [The Beatitudes - audio](#)

Maturing Toward Wholeness Chpts 13 and 14

-With All Your Heart and With All Your Soul

Developing a Rule of Life Class at Martin Institute

7 – [A New Planner of Living – exercise](#)

Journal during month as listening and reading

-what stands out to me? Why do I think it does?

-what do you think is going on between you and God in these “stand out” areas?

-what kind of shaping might God be doing? What feels life giving and what resistance is felt?

## Month 8

Divine Conspiracy Conversatio.org Classroom Series at Martin Institute

[10 - Transformation - audio](#)

Maturing Toward Wholeness Chpts 15 and 16

-With All Your Mind – Thoughts and With All Mind - Emotions

Developing a Rule of Life Class at Martin Institute

8 – [Awareness: Game with Minutes – exercise](#)

Journal during month as listening and reading

-what stands out to me? Why do I think it does?

-what do you think is going on between you and God in these “stand out” areas?

-what kind of shaping might God be doing? What feels life giving and what resistance is felt?

## Month 9

Divine Conspiracy Conversatio.org Classroom Series at Martin Institute

11 – [Church Communities – audio](#)

12 – [Q and A: Formation](#)

Maturing Toward Wholeness Chpts 17 and 18

-With All Your Strength and Loving Your Neighbor (Personal Relationships)

Developing a Rule of Life Class at Martin Institute

9 – [12 Steps to Spiritual Formation in the 23rd Psalm – exercise](#)

Journal during month as listening and reading

-what stands out to me? Why do I think it does?

-what do you think is going on between you and God in these “stand out” areas?

-what kind of shaping might God be doing? What feels life giving and what resistance is felt?

## Month 10

Divine Conspiracy Conversatio.org Classroom Series at Martin Institute

13 – [Kingdom Living - audio](#)

Maturing Toward Wholeness Chpts 19 and 20

-Security and Learning How to Forgive

Developing a Rule of Life Class at Martin Institute

10 – [Part II: Spending a Day with Jesus - audio](#)

Journal during month as listening and reading

-what stands out to me? Why do I think it does?

-what do you think is going on between you and God in these “stand out” areas?

-what kind of shaping might God be doing? What feels life giving and what resistance is felt?

## Month 11

Divine Conspiracy Conversatio.org Classroom Series at Martin Institute

14 – [Living Without Anger - audio](#)

Maturing Toward Wholeness Chpts 21 and 22

-The Ministry of Reconciliation and Honor Your Father and Mother

Developing a Rule of Life Class at Martin Institute

11 – [Part II: Reflections on Scripture - exercise](#)

Journal during month as listening and reading

-what stands out to me? Why do I think it does?

-what do you think is going on between you and God in these “stand out” areas?

-what kind of shaping might God be doing? What feels life giving and what resistance is felt?

## Month 12

Divine Conspiracy Conversatio.org Classroom Series at Martin Institute

15 [Prayer - audio](#)

16 [Q & A: Prayer - audio](#)

Maturing Toward Wholeness Chpts 23 and 24

-New Life Comes Forth from Death and Grace

Developing a Rule of Life Class at Martin Institute

12 - [Notes - listen to a couple extra talks of interest](#)

Journal during month as listening and reading

-what stands out to me? Why do I think it does?

-what do you think is going on between you and God in these “stand out” areas?

-what kind of shaping might God be doing? What feels life giving and what resistance is felt?

## Other Resources

- Explore [ruleoflife.org](http://ruleoflife.org) website (Steve Macchia) for creative idea
- **E4 App**-- Here is a [link to the E4 App](#). This App has a variety of teachings but most relevant to us is 19 hour series of teachings on The Divine Conspiracy.
- **George Miley teachings**--on the Quellen website. [Here is a link](#). There are 4 different chapter teachings each with at least two audio sections, notes are also available.